



This letter will be sent to students holding an offer to start MBChB Phase 1 (including the BSc (Hons) Medicine programme) at St Andrews in September 2026

You are holding an offer to study Medicine at St Andrews, either your offer is unconditional or you are waiting to hear about qualification results to meet the conditions we have set. If you have accepted /are going to accept our offer or put St Andrews as your insurance choice, there are a number of preparatory activities we would like you to complete over the summer. Please ensure you have also visited the [University's pages for offer-holders](#)

Preparing for Orientation Week and your journey to becoming a doctor

The University and School's programme of induction will commence on Monday 7th September 2026. Orientation week comprises 5 full days of University and course activity which all students are expected to be present in St Andrews for.

The first session will be held in person in the School Booth Lecture Theatre on Monday 7th September 2026 at 9.00am. Due to the practical nature of the medical course, students cannot study remotely.

Students will find it essential to have access to a laptop or mobile device to enable them to engage flexibly with teaching and supplementary learning resources as required throughout their studies. We recommend laptop devices capable of running Windows 11 with the latest updates or MacBooks and iMacs running MacOS 14 (Sonoma) and above. If you already own an alternative device and there is any software required to be used for teaching or assessment that cannot be installed on your device, a loan device may be available.

The GMC information on "[Welcome to Medicine](#)" includes information on support, guidance, tips, tools and resources for medical students.

Immunisations

Guidance is that all healthcare workers, which include medical students, should be up to date with their routine immunisations eg tetanus, diphtheria, polio and MMR. While healthcare workers/medical students may need MMR vaccination for their own benefit, they should also be immune to measles and rubella to assist in protecting patients. Satisfactory evidence of protection would include documentation of having received two doses of MMR or having had positive antibody tests for measles and rubella.

Please remember to bring copies of any documentation related to your past vaccinations. If you have missed any scheduled immunisations and your situation allows, please catch up with these prior to starting at St Andrews. In addition, students are strongly recommended to demonstrate evidence of or take vaccination for BCG, Hepatitis B, Varicella, Influenza and Covid.

Where a student cannot evidence to Occupational Health that they have had a BCG (TB) immunisation or have had a negative Mantoux or IGRA blood test done in the last 5 years they

will be **screened and found non infectious prior** to commencing clinical work, this includes placement activity.

Health

The personal health of a medical student is important for a range of reasons:-

- a. Students must be fit to enter the course; be able to participate in the rigorous academic and practical programme and live independent lives.
- b. Students must be fit to study; able to learn, revise and sit exams.
- c. Students must be fit for practice; they should not pose a risk to patients nor be at risk from patients.
- d. Students must be fit to practise, that is they are likely to be fit to be registered as a doctor by the General Medical Council. To be registrable they must pose no risk to patients and must not damage the reputation of the medical profession.

HEOPS standards

The School of Medicine uses the standards defined by the Higher Education Occupational Health Physicians (HEOPS) to decide if a student is Fit to Enter the course. All applicants must read the HEOPS standards contained within the [School's health advice](#) and then complete the [MS Form](#). The MS form should be completed by Thursday 20th August. If you have any queries about this declaration, these can be emailed to medsupport@st-andrews.ac.uk prior to completing the form.

Occupational Health questionnaire

All applicants will complete and return an Occupational Health Questionnaire, details of which will be sent to you by separate email in due course.

Declaring a Disability

As an offer holder the University can start the process of putting arrangements in place before you start your studies, and we recommend that you contact the disability team as soon as you have made an application to study here. Access the University page on [how to declare a disability](#).

Other relevant policies

School policy for [pregnancy & maternity / parental leave guidelines](#)

We will write to you again in June with advice on Freshers' Week, advice on textbooks and things to buy. In the meantime, if you have any questions please contact us by emailing md2000@st-andrews.ac.uk



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