

MedSupport

Are you OK?



School of Medicine

What Can We Help With?

MedSupport are here to help with academic wellbeing matters. We want all our students to feel valued and able to seek help when needed. Examples of what we can help support you with are:

- Mental or physical health impacting on studies
- Links with student services and the disability team
- Where to access support within the wider university
- S-coding or special considerations applications
- Deferral requests
- Taking a leave of absence
- Referrals to Occupational Health

Student Services (ASC)

The Advice and Support Centre (ASC) can help with all wellbeing, physical health and personal issues you may experience while at University.

The ASC is always a good first port of call. You can visit them at 79 North Street from Monday-Friday, 9am-5pm or email on theasc@st-andrews.ac.uk

You can find more information here: www.st-andrews.ac.uk/students/advice/asc/

Emergency Support

Medsupport are not a crisis service. If you are concerned about yourself or another student or need to report an incident, you can contact the Security and Response Team within the University on **01334 468 999**. This service is available 24 hours a day and 7 days a week. In an emergency, you can contact emergency services on **999**.



You can email us with questions or to request an appointment at: medsupport@st-andrews.ac.uk



Please note the inbox is monitored Monday-Friday 9am-5pm.



You can call the Teaching Support Office on **01334 463599** and ask to speak to a member of the team. Please note the teaching support office is open Monday-Friday 9am-5pm.



We have lots of helpful resources in the Student Handbook: <https://medhandbook.st-andrews.ac.uk/student-support>

You can also check the accessing support areas on Galen and Solas for more helpful resources.

For more information visit the link: www.st-andrews.ac.uk/medicine

Useful Contacts

General Enquiries

General school enquiries about teaching, submitting self-certs or requesting references, please contact medteaching@st-andrews.ac.uk for MBChB Phase 1 (including the BSc (Hons) Medicine programme) or mbchb-scotgem@st-andrews.ac.uk for ScotGEM

Clinical Placement

Enquiries regarding clinical placement or to report an absence at placement only, email medclinical@st-andrews.ac.uk for BSc or scotgem-placements@st-andrews.ac.uk for ScotGEM

Academic Wellbeing / Changes in Circumstances

Matters relating to academic wellbeing or changes in personal circumstances, please contact medsupport@st-andrews.ac.uk

Medical Assessment Team

For enquiries about matters relating to assessment, you can contact the assessment team on medass@st-andrews.ac.uk

Director of Teaching

medicaldot@st-andrews.ac.uk

Personal Tutor

Remember you can also always contact your personal tutor for advice and guidance.

Other Useful Sources of Support



The ASC

Advice & Support Centre



Disability Services

Help in making arrangements to support you in your studies



Report & Support

The University of St Andrews Reporting Tool



IELLI

International Education and Lifelong Learning Institute



University of St Andrews Nightline

Confidential listening and information service operates 8pm to 7am



University of St Andrews Chaplaincy